

# INSIGHT HOUSE

CHEMICAL DEPENDENCY SERVICES, INC.



FALL 2017

**DONNA M. VITAGLIANO**  
President and C.E.O.

**CARL DEL BUONO, ESQUIRE**  
Chairman, Board of Directors

**GEORGE A. KOZMINSKI, M.D.**  
Medical Director

## ***INSIGHT HOUSE ENHANCES “OPEN ACCESS” TO SERVICES***

As part of its ongoing efforts to streamline the scheduling of appointments and provide more immediate access to services, Insight House continues to facilitate its scheduling process. In addition to accepting “walk-in” unscheduled appointments on Monday and Friday mornings, Insight House now offers optional text reminders. And for an initial appointment for an assessment, fast track access to a counselor and medical personnel, including a physician as necessary, can be completed in one visit.

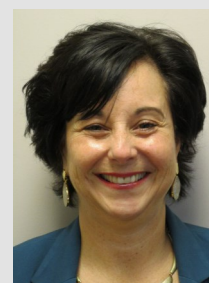


## ***STAFF ATTENDS MENTAL HEALTH FIRST AID CLASSES***

***Mental Health First Aid Training*** was conducted in July at Insight House for its clinical staff. This 2-day course was designed to raise awareness of mental health conditions and to respond appropriately to a mental health crisis. The training also is used throughout communities to help break down the walls on the stigma of mental illness.

## ***INSIGHT HOUSE PERFORMS DRUG TRENDS AND SERVICES OVERVIEW FOR ONEIDA COUNTY DSS STAFF***

Insight House conducted a drug trends and services overview this summer and fall at the Oneida County Department of Social Services. Presenters included Residential Director Julia Hubbard and Day Treatment Director Christina Davis. The agency reached out to over 100 employees at DSS over several sessions. Topics included heroin/opiates and other current drug trends as seen in Oneida County, the referral process, and an overview of Insight House programs and services.



Hubbard



Davis