

PACKING LIST FOR RESIDENTIAL SERVICES AT INSIGHT HOUSE

The following list of items represents the **maximum** amount of those items, which may be brought with you upon admission to our Residential Component of Insight House. It is further stated that, at no time during your participation in the Residential program, may the established maximums be exceeded. If you acquire additional items while you are in the program, you must make arrangements to dispose of items that exceed the maximum.

Upon arrival for admission to the program, your belongings will be inspected to ensure that only the acceptable items (in the appropriate amounts) are admitted. Items and/or accounts exceeding the acceptable limit will not be allowed into the facility and it will be your responsibility to dispose of those items within 24 hours of your admission or we will have to donate any items to charitable organizations.

ACCEPTABLE ITEMS:

<u>CLOTHING ITEMS:</u>	<u>AMOUNT</u>	<u>SEASONAL CLOTHING</u>	
Shirts	5 max	Hat	1
Pajamas	3 sets	Coat	1
Robe	1 max	Jacket	1
Gloves	1 pair		
Sweatshirts/Pants	4 of each	Boots	1 pair
Tank Tops	2 max	Shorts	5 max
Exercise Tops	2 max		
Underwear	10 pr. max		
Bras	6 max		
Socks	10 pr. max		
Pants/Skirts(fingertip length - no spandex)	5 max		
Shoes/Sneakers	4 pair		
Shower Shoes	1 pair (must wear with socks outside of room)		
Dress Clothing	1 outfit		
T-shirts	10 max		
A-Shirts	5 max (can only be worn under other shirts)		

MISCELLANEOUS ALLOWED

1 each personal care products (soap, toothbrush, shampoo, toothpaste, conditioner), 1 blanket, 1 Pillow, 2 Towels, Postage stamps/envelopes/pens., disposable or electric razors, phone card. Other items to consider: alarm clock, cd player/mp3 must have headphones, fan(small).

30-day supply of all medications **must** be brought in with patient or a prescription for medications

Money: You may bring some money to be deposited into your I.H. account. You may not possess more than \$3 dollars on your person. Money is requested by you on a weekly basis from this account for personal needs you may have.

Items required by the business office:

- Medicaid &/or insurance card
- Copy of Birth Certificate
- Photo ID
- Return Bus Ticket or money to purchase one (\$50.00)
- Immunization card

Signature: _____ Witness: _____

If a client is transported by family, Deputies, Case management, etc., it is our policy that the ride must wait until medical clearance is completed at Insight House.

PROHIBITED ITEMS:

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|----------------------------------------------------------------------------------------------------------------|------------------------------------------|
| Cameras, cell phones/chargers, PCs, Tablets | |
| Food/Gum (sugar-free candy only) | Cut off Shorts |
| Sports equipment | Tobacco, lighters, matches, e-cigs, chew |
| Posters | Chains (on wallets, clothing) |
| Alcohol-based cologne/perfume | Knives/Scissors |
| White powder products | Double edged razors |
| Bandanas | Hair color/hair remover |
| Any apparel or items depicting drugs, tobacco, alcohol, violence, profanity, gangs or sexually explicit items. | No credit, debit cards, blank checks |
| Dice, playing cards, anything used for gambling | No aerosol cans except shaving cream |
| Drug paraphernalia/Syringes | No electronic devices with any screen |
| Nail polish (only 5 bottles) | No bootlegged or burned DVD's |
| Polish remover (will be held by staff) | No caffeine pills/powder/OTC medication |
| No alcohol in 1st four ingredients of any product | |

I, the undersigned, have reviewed and understand the above list of items which are acceptable or prohibited into the Insight House residential Program. I further understand the maximum allowable amounts of acceptable items and agree to abide by these limitations as a condition of participation in the program.

Signed: _____ Date: _____
Witness: _____ Agency name: _____

Please have prospective resident sign and return to Insight House prior to bed date assignment.